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OCTOBER 2012

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Mac and Cheese Restaurant a Hit With Locals

By Bronson Peshlakai



"J.B. Mack provides curbside delivery at 2032 Euclid Ave. in the Campus District. Photo by Bronson Peshlakai.

A new type of restaurant now adorns the Euclid corridor that is driving Cleveland State University students and many other "kid at heart" residents and workers in the Campus District to get Mac and Cheese at J.B. Mack, the newest restaurant in the District.

The restaurant, situated just west of the Euclid Avenue and E. 21st Street intersection, employs eight people, and is the first franchise store outside the original J.B. Mack in Connecticut, which has now closed.

"We thought it would be a great fit for the Campus District and the community. It's the only J.B. Mack worldwide. We've had a lot of flexibility to do what we felt would be good for our location," Kaufman said. "Our franchisor has really given us a *laissez-faire* type relationship and let us do our own thing."

Before the store opened, the cooks and owners worked with the
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St. Clair Area Barber Shop Still Going Strong With Three Generations of Haircutters

By Donna Dieball



From left to right: Barry, Michelle, Connie, Sherri, and J.R. in front of the family barber shop. Photo provided by the Stefanec family.

If you're in search of a reasonably priced, quality hair cut, you need not venture out of the Campus District. The Stefanec Family Barber Shop on St. Clair Avenue and E. 25th Street offers quality work at low prices: regular hair cuts are \$13, and bald fades are just \$15, and military discounts are available.

While low prices are enough to draw anyone in, you'll find that the Stefanec family has much more to offer to their customers. The expertise of several generations along with the welcoming atmosphere will keep you coming back.

In 1969, Stefanec brothers Joe,

Steve, John and Frank, new to the United States and hopeful for a successful establishment, opened the family's original shop on Superior Avenue. Since then, the family has truly embraced the trade. The second generation, which consists of eight
Continued on Page 2

Make Your Voice Heard November Election Just Around the Corner

By Mike West

This November's election is an exciting time, as voters will select their elected officials and decide state and local ballot issues. Voters in all of Cuyahoga County's municipalities will cast ballots for President, U.S. Senate and Members of Congress, Ohio Senate and the Ohio House of Representatives, County Prosecutor and County Council members, judicial candidates, State Board of Education seats, and the Brook Park Charter Review Commission.

November seems a long way away, but if voters want to participate in the democratic process, the time has come to spend a few minutes making sure they are prepared and eligible to vote.

Prospective voters should be aware that the voter registration deadline is Oct. 9. Voters who have moved or changed their name since they last voted need to complete and return a new voter registration card. After a voter has registered they will receive a
Continued on Page 2



From left, Jonathan Lewis and Christian Washington
Photo by Bronson Peshlakai

Deadline to Register to Vote in Presidential Election is October 9

Christian Washington mans a table and helps Jonathon Lewis register to vote before the deadline at the Cuyahoga Community College Campus Center lobby in September.

The voter registration and change of address deadline for the November 6th General Election is at 9 p.m. Oct. 9.

Voters who have not registered, have moved, or have changed their name and have not updated their registration, must do so by this date.

Registration cards are available at all public libraries and at the Board of Elections website: www.boe.cuyahogacounty.us.

Mac and Cheese Restaurant a Hit With Locals

Continued from Page 1

recipes and tweaked them and also added things to the menu that the original store didn't have.

On the menu are many different types of macaroni and cheese that come served in a bread bowl. Some samples of mac and cheese are: Classic mac, Very Veggie mac, Burger mac, Taco mac, Philly mac, and Build-your-own mac... Yes, customers are encouraged to be creative and to pile on whatever is behind the counter onto the mac, Kaufman said.

The macs also come with four different types of sauces: golden classic, white cheddar, spicy jalapeno or buffalo cheddar.

Also on the menu are grilled wraps, tomato or chicken noodle soup,

grilled cheese sandwiches and salads. But, the number one seller?

"The macs, that's our bread and butter, so to speak. We serve our macaroni and cheese in a bread bowl, that's kind of what makes us a little bit different," Kaufman said.

Located across the street from the CSU Student Center, Kaufman said he focused on designing the store to be like home. Guests can enjoy the food while watching TV or studying while connected to the store's free WiFi.

"Our tagline is 'taste the comfort,' and that's what we specialize in - comfort food," said Kaufman. "In fall and winter, we will start serving chili. It's hot comfort food, just like

what mama made."

And being comfortable in the store is exactly what people are doing.

"We are proud to say that people must feel comfortable being here because some people will stick around for hours, working on projects and everything, so we're pleased with that," Kaufman said.

The store also offers curbside service. Order your food at 216-771-MACK, drive right up to 2032 Euclid Ave., and your food will be delivered to your car. Store hours will be changing in the near future, but for now, J.B. Mack is open Monday, Wednesday, Friday, from 11 a.m. to 4 p.m., and Tuesday and Thursday from 11 a.m. to 6 p.m.

Make Your Voice Heard - November Election Just Around the Corner

Continued from Page 1

post card that lists their ward, precinct, and voting location.

To avoid lines on Election Day, and to allow extra time to study the ballot, all registered voters may vote by mail. Vote by mail ballot applications are available at the Board of Elections website: www.boe.cuyahogacounty.us, by calling the Board of Elections at 216-443-3298, and at all public libraries. The Cuyahoga County Board of Elections must receive mailed ballot application requests by noon on Nov. 3 for voters to be eligible to vote by mail. All ballots mailed in the U.S. must be post-marked on or before Nov. 5. Make

sure to put a stamp on your ballot return envelope, as ballot envelopes are not postage-paid.

Early voting is also an option. Voters may go to the Board of Elections to cast their ballots starting on Oct. 2.

Election Day is Tuesday, Nov. 6. Polls will open at 6:30 a.m. and close at 7:30 p.m. Election Day voters should also be prepared. Voters should check their voting information prior to each election and the registration deadline. Voters may confirm their ward, precinct, and voting location at the Board of Elections website: www.boe.cuyahogacounty.us or by calling 216-443-3298.

All voters must present identification in order to vote. Acceptable forms of identification are: a current and valid photo identification, such as a driver's license or State of Ohio identification card, a copy of a current utility bill, bank statement, or government check, a paycheck or any other government document that shows the voter's name and current address.

As Election Day approaches, be sure to keep all this information in mind and make the necessary preparations in order to exercise your right to vote.

Mike West is a media and voter education specialist with the Cuyahoga County Board of Elections.

St. Clair Area Barber Shop Still Going Strong With Three Generations of Haircutters

Continued from Page 1

children, has carried on the family legacy by opening six additional family-run barber shops near the Cleveland area and even as far as Florida.

Despite the widespread hair salon franchises that have grown over the years, the family is proud to say that these chain establishments have never affected their business. In fact, they say many customers come in asking them to fix a poorly done hair cut they received somewhere else. Every newly licensed barber or cosmetologist among the Stefanecs has the advantage of a number of knowledgeable family members to give them further instruction. Nothing helps to fine-tune skills quite like mom looking over your shoulder as you work.

At a place where expertise is family-taught, you can be sure that as a customer you'll be welcomed in as part of the family. Owner Connie Rados assures that you won't be disappointed with the services they offer.

"We're family oriented. We're here to please you and we've been established for a long time. That speaks for itself," Rados said.

Much of their clientele have been patronizing the shop for years, and new customers are often quick to become part of the family as well.

Being a part of the area for so long, the family has had the chance to experience the growth and change of the Campus District over time. Although they've felt a decline in the area in recent years,

the addition of new businesses such as the Horseshoe Casino gives them hope that new people will bring positive changes to the neighborhood.

The family still plans to carry on business as usual. J.R., grandson of original owner Joe, is the newest barber to enter into the business, having recently received his barber's license. With the third generation of the family now coming into the trade, it seems the Stefanec Barber Shop will continue to serve the community and remain a cherished establishment within the Campus District for quite some time.

Donna Dieball is an intern at the Campus District Observer and an English major at Cleveland State University.

CAMPUS DISTRICT OBSERVER

The mission of the Campus District Observer is to attract, articulate and amplify civic intelligence and community goodwill in this community and beyond.

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Graphic Design: Steve Thomas

Photography: Dan Morgan, Chris Pappas, Bronson Peshlakai, McKinley Wiley

Contributing Writers: Rachel Baker, Megan Billow, Amy Dawson, Donna Dieball, Fred Dolan, Carrie Gonzales, Rev. Sahra Harding, Danyll Jones-Lockhart, Dan Morgan, Wendy Hoke, Cortney Kilbury, April Miller, Sally Moennich, Joe Mosbrook, Kristen Mott, Dana Oldfather, Bronson Peshlakai, Cathy Poilpre, Mike West, Lauren Wilk, Todd Wilson

Cedar CMHA's Local Action Council Recognized for Outstanding Achievement

By Cortney Kilbury



(cover) Terri Jones, a Cedar resident, and one of the attendees at the recent Progressive Action Council meeting Photo. (above) Members of the Progressive Action Council Resident Leadership and Police Explorers. Photo courtesy of CMHA.

The Progressive Action Council, which was established by residents of the Cuyahoga Metropolitan Housing Authority, held its twentieth annual meeting recently and Cedar Local Advisory Council (LAC) was recognized for its outstanding achievements over the past year.

"On behalf of the Board and residents, we were so happy, appreciative, and blessed that Cedar was chosen as LAC of the Year," said Delores Gray, LAC President of Cedar Central Estates. "We were so surprised and really didn't expect it. This really does mean a lot to us and the residents we represent."

The Progressive Action Council strives to empower CMHA residents to seek new opportunities and promote

resident participation at their properties. They work to bring holistic revitalization to the lives and environments of public housing residents through economic empowerment, housing improvement, educational enrichments, and community advocacy.

Residents enjoyed the day which included a welcome from PAC President Lillian Davis, State of the Agency Address from CMHA CEO Jeffery K. Patterson, and workshops and an awards ceremony.

Cortney Kilbury is marketing manager at the Cuyahoga Metropolitan Housing Authority. She is responsible for planning and executive marketing initiatives to build positive awareness for CMHA.

Youth Leadership Program Brings Local High Schoolers to New Orleans, See President Obama

By Danyll Jones-Lockhart

What an awesome summer for students served by programs of the Urban League of Greater Cleveland (ULGC).

The Summer Leadership Academy (SLA) at the ULGC consisted of eight students, ranging from grades 9 through 12. SLA is an extension of Project Ready Career Beginnings (PRCB), the League's flagship youth program held during the school year.

PRCB currently operates in six high schools: East Tech, New Tech, Collinwood, Ginn Academy, Glenville and Shaw. The PRCB school year program consists of academic support

with an emphasis on math and reading, global and cultural awareness and personal development. It is then bolstered by opportunities for academic enrichment and leadership development in the Summer Academy.

SLA students came from different schools and neighborhoods. Students were interviewed and selected to be interns for an eight-week course. It is ULGC's mission to have these young adults ready for post-secondary success. The SLA curriculum included ACT prep, service learning, and

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Jack and Mary Jane Breen and PNC Bank to be honored at Pizzazz 2012

By Wendy A. Hoke



Mary and Jack Breen. Photo courtesy St. Vincent Charity Medical Center.

St. Vincent Charity Medical Center will present the St. Vincent de Paul Award to Jack and Mary Jane Breen and PNC Bank at **PIZZAZZ 2012**, the St. Vincent Charity Medical Center Gala, on Saturday, Oct. 13, at Cleveland Public Hall. The honorees are being recognized for their steadfast commitment to and unwavering embrace of the values exemplified by Catholic social teaching. The award is given in honor of St. Vincent de Paul, patron saint of St. Vincent Charity Medical Center who embodied the spirit of true charity. It is given to a community leader and a corporate organization that exemplify the spirit of St. Vincent through servant leadership, friendship, counsel and community involvement toward the greater good of the Cleveland community.

"It is through the generous support of individuals such as Jack and Mary Jane Breen and organizations such as PNC Bank that St. Vincent Charity can continue meeting the needs of the community," said David F. Perse, MD, president and CEO of St. Vincent Charity. "They truly embody the spirit and teachings of St. Vincent de Paul and their leadership serves as a great example for others."

The St. Vincent de Paul Award will be presented at **PIZZAZZ 2012** by Sr. Judith Ann Karam, CSA, president and CEO of the Sisters of Charity Health System, and Christopher M. Connor, chairman and CEO of Sherwin-Williams and Gala Chair.

"It is through the generous support of individuals such as Jack and Mary Jane Breen and organizations such as PNC Bank that St. Vincent Charity can continue meeting the needs of the community."

—David F. Perse, MD, President and CEO of St. Vincent Charity.

Proceeds from the signature biennial gala support St. Vincent Charity Medical Center's ongoing commitment to provide clinically excellent and compassionate care to all.

Tickets are available by calling 216-694-4685. You can also email Christine Porter at Christine.Porter@stvincentcharity.com, or make contributions on our website at www.stvincentcharity.com/giving.

Wendy Hoke is senior director of marketing and communications at St. Vincent Charity Medical Center.

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NSF Awards Cleveland State \$1.3 Million, Encourages STEM Programs

By Joe Mosbrook

Dr. Meredith Bond, Dean of the College of Science and Health Professions at CSU. Photo courtesy of csuohio.edu

Cleveland State University has been awarded two grants totaling \$1.3 million from the National Science Foundation to increase the number of graduates in Science, Technology, Engineering and Mathematics (STEM).

One grant for \$875,000 will help students complete their mathematics requirements including precalculus and calculus, which are needed to enter science and engineering fields. Many students who struggle with these courses early in their college years become discouraged and then abandon their intended major. The grant was one of only 22 awarded nationwide.

The new program will include summer math camps for graduating high school students entering

CSU, supplemental instruction using Problem Based Learning methods for college freshmen and sophomores, and a summer workshop for high school teachers to learn more about encouraging students to complete STEM fields.

“For many students, precalculus creates a roadblock to enter the majors in which they are most interested,” said Meredith Bond, dean of the College of Science and Health Professions at CSU. “This program will play a significant role in helping more students complete STEM programs, especially those from educationally disadvantaged backgrounds.”

A second grant totaling \$450,000 from the NSF will provide scholarships to STEM students in financial need.

The tutoring program is expected to help 500 students annually, which will contribute significantly to the university’s graduation and retention rates. The scholarship program is expected to assist 20 students each year with awards up to \$10,000 per student.

Joe Mosbrook is director, strategic communications at Cleveland State University. Founded in 1964, Cleveland State University is a public research institution that provides a dynamic setting for “Engaged Learning.” With an enrollment of more than 17,500 students, eight colleges and approximately 200 academic programs, CSU was again chosen for 2012 as one of America’s Best Colleges by U.S. News & World Report.

CSU Co-Sponsors MidTown Classic Race as Part of Homecoming Weekend Celebration

By Kristin Mott

Cleveland State University alumni from all over the country will soon be returning to CSU for the annual homecoming celebration. Homecoming weekend is a time for alumni to meet current students and witness all the changes being made on campus. The weekend is filled with a variety of activities, from an alumni dinner to a basketball kickoff party, to a free concert at the Wolstein Center.

A new event that the university is a part of this year is the MidTown Cleveland HealthLine Classic 10K/5K Run, which the CSU Recreation Center is helping to sponsor. The race takes place on Saturday, Oct. 13. The race course runs along Prospect and Euclid avenues, highlighting the new developments taking place in MidTown.

This is the first time the Rec Center has been involved with a race of this sort.

“We talked last fall about starting a 5 km run here at CSU for homecoming and found there was a race already organized,” said Sabrina Ryan, fitness and wellness coordinator at the Rec Center. “We contacted the organization that was running it and quickly became sponsors for the race.”

Ryan said CSU chose to sponsor the race because the university is engaged with the community. Plus, the race will give CSU a chance to showcase its recent progress on campus.

“It is important that CSU is involved in the community, and this is a great event for alumni to come back to campus as well,” Ryan said. “This will be a great route to see the CSU campus so participants can see all the new developments to campus.”

All skill levels are invited to participate in the race. Participants can choose between running either the 5 km or 10 km. Each runner who signs up will receive a free T-shirt and goody bag, plus everyone is invited to a post-race “Kegs and Eggs” party with live music. Proceeds from the race benefit the Beautification Project for MidTown Cleveland.

Ryan is excited for the race and believes it will make a great addition to the weekend festivities.

“I think this a great kickoff to the homecoming weekend,” Ryan said. “This race is for community, alumni, students, faculty and staff, and will be a **Continued on Page 7**”



Parker Hannifin Pledges \$1.5M to CSU; Funding for Research in Human Motion, Prosthetics and Orthotics

By Joe Mosbrook

Parker Hannifin Corporation has pledged \$1.5 million to Cleveland State University for an endowed professorship and research into human motion and control. A primary objective of the research is to develop new technology for prosthetics and powered orthotics.

Dr. Antonie (Ton) van den Bogert, an internationally renowned researcher in biomechanics, has been named the Parker Hannifin Endowed Chair in Human Motion and Control, and will begin work this fall in the Department of Mechanical Engineering at CSU’s Fenn College of Engineering.

“This investment represents a long-term partnership between Cleveland State and Parker Hannifin,” said Jerzy Sawicki, interim vice president for research at CSU. “The Parker Hannifin Chair will play a fundamental role in the development of a research enterprise of national

and global significance in the area of human motion and control.”

The endowment includes funding for a new laboratory in human motion, including advanced treadmills, motion sensors, and three-dimensional imaging equipment, all aimed at developing improved methods to study human movement and replicate healthy limbs in prosthetics and orthotics.

Dr. van den Bogert is best known for his innovative work analyzing human movement and the development of computer simulation methods to study the effects of neuromuscular control and mechanical devices on human movement. He has received several scientific awards as well as a Technical Achievement Award from the Academy of Motion Picture Arts and Sciences for his contributions to the development of 3D human animation.

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“This investment represents a long-term partnership between Cleveland State and Parker Hannifin,”

—Jerzy Sawicki, interim vice president for research at CSU

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Free Online Education Offered thru New Cleveland Public Library Partnership With ED2GO

By Cathy Poilpre

Persons interested in the instructor-led courses free-of-charge offered thru Cleveland Public Library can visit www.cpl.org/ed2go.

In an era of rising education costs and barriers to continuing education, Cleveland Public Library announced its partnership with “ed2go,” which offers online education for adults. Patrons of CPL will now have access to high-quality, free online courses and online career-training programs. All courses are available with a CPL library card.

“ed2go is an incredible opportunity for our patrons to take classes that have the potential to enrich their lives personally and professionally,” said Felton Thomas, director of CPL. “The library is truly a center of learning for the community, and with ed2go, we continue to link our

patrons to new avenues for education. Patrons can access courses that interest them by using the computers at our libraries, or by logging in remotely on their personal computers. All they need is a library card to access a world of new skills, knowledge, and maybe even a new career.”

The courses available cover subjects in accounting basics, digital photography, GED test preparation, writing courses, computer programming, and more. Coursework on ed2go is designed to be engaging and comparable to those offered in an in-person school environment. Courses can include online discussions, assignments, quizzes, and a

final exam. Most courses are six weeks in length and taught by nationally known authors and instructors. Participants receive a certificate of completion after finishing required course work.

Signing up for courses is simple. Patrons can access the ed2go website from cpl.org and request a passcode. From there, they can browse courses by subject and interest, choose a course, sign up, and get started.

For more information on ed2go, please visit cpl.org/ed2go.

Cathy Poilpre handles marketing and communications at the Cleveland Public Library.

“ed2go is an incredible opportunity for our patrons to take classes that have the potential to enrich their lives personally and professionally.”

—Felton Thomas, Director of CPL

Take A Book, Leave A Book - 'Little Free Libraries' Encourage Reading, Sharing

By Amy Dawson

As part of *Octavofest*, Cleveland Public Library and the Ohio Center for the Book has developed “Little Free Libraries” for the entire community to get involved in the annual celebration of books and paper arts.

The Little Free Libraries help build community through the sharing of books and reading. People can take out free books from the Little Free Libraries and are encouraged to leave behind

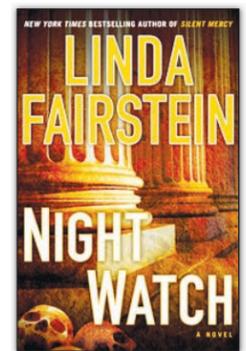
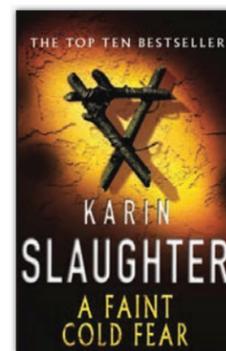
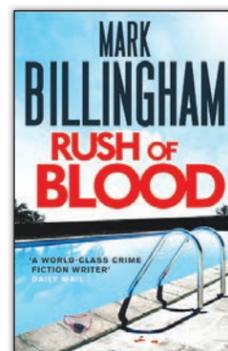
a book of their own. The unique structures come in all shapes and sizes.

The community got involved by helping CPL’s Youth Services Department and the Ohio Center for the Book decorate the Little Free Libraries on Saturday, Sept. 15, on the fourth floor of the Main Library. One library has been placed on the east side at Dave’s Supermarket located at 3301 Payne

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CPL Hosts 'Uncovering Mysteries' With Acclaimed Mystery Writers

By Cathy Poilpre



All images are courtesy of Cleveland Public Library.

Three acclaimed mystery writers for a special Writers & Readers event during the 43rd Annual *Bouchercon World Mystery Convention*, will be held at the Cleveland Public Library for the first time. The panel is scheduled for Saturday, Oct. 6, at 12:30 p.m., in the Louis Stokes Wing Auditorium of CPL on East 6th Street and Superior Avenue.

“Bringing this impressive panel of authors to CPL is a real thrill for our patrons, especially those that are mystery fans,” said Felton Thomas, director of CPL. “*Bouchercon* is a fantastic literary event that attracts authors and fans from around the world, and we have the pleasure of showcasing our city and our library to attendees.”

Held annually since 1970, *Bouchercon* is named in honor of Anthony Boucher, the distinguished mystery fiction critic. The event attracts mystery fans, authors, and professionals to gather and celebrate their love of the mystery genre. The convention will take place Oct. 4-7 at The Renaissance Cleveland Hotel. Panel discussions, interviews, and book signings with mystery authors will take place throughout the three-day event.

CPL’s panel discussion will feature three top icons from the suspense genre:

- **Linda Fairstein** is an author of an internationally best-selling series of crime novels featuring Manhattan prosecutor Alexandra Cooper. The 14th in the series, *Night Watch*, debuted in July 2012 and was an instant *New York Times* bestseller.
- **Karin Slaughter** is a number one best-selling author in five countries, has been honored by Amsterdam’s *Crimezone Thriller Awards* four times, and is a recipient of France’s *Prix des Lecteurs* literary prize.
- **Mark Billingham**, a UK crime novelist, television screenwriter, actor and stand-up comic, is the best-selling author of the series of novels featuring London-based detective Tom Thorne, and the only author to win the *Theakston’s Old Peculier Crime Novel of the Year Award* twice.

In addition to the panel discussion, an exhibit honoring *Bouchercon* is now on display through Dec. 15, at CPL’s Main Library, 2nd Floor. For more information, please visit www.cpl.org.

Cathy Poilpre handles marketing and communications at the Cleveland Public Library

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Back to School Rally Held at Friendly Inn

By Joan Mazzolini

(below) Marion-Sterling Principal Gerard Leslie and school Promise site Coordinator Pam Scott interact at the Cleveland Metropolitan School District table at the Aug. 19 Back to School Rally at Friendly Inn Settlement House. (top-right) Dancers entertain children and parents attending the Back to School Rally at Friendly Inn Settlement House Aug. 19. (bottom-right) Children and parents wait for their number to be called for free haircuts, or braiding, at the Back to School Rally held at the Friendly Inn Settlement House. All photos by McKinley Wiley, photographer at The Dark Room Co.



The Friendly Inn Settlement House hosted a "Back to School Rally" on August 19. A number of organizations, including Cuyahoga Community College, the new charter school in the neighborhood, Stepstone Academy, the Cleveland Central Promise Neighborhood initiative, St. Vincent Charity Medical Center, and Golden Ciphers, distributed school supplies, school uniform vouchers, and information on programs and services available for neighborhood families. Radio station Z-107.9's "Latin Assassin" emceed the event. More than one thousand Central parents and young people attended the event.



Francine Simon
Manager, Campus Office

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Stokes Central Academy Wins Trophy for Book Challenge

By Deborah McHamm

On May 24, A Cultural Exchange hosted its 15th annual end-of-the-school-year event at the Cleveland Public Library's Lakeshore Facility, with the Campus District's Carl and Louis Stokes Central Academy recognized as the winner of this year's "Read, Baby, Read!" Book Club Challenge.

Over 600 children, teachers, parents and community members attended the event. Drummers greeted children alighting off buses, a national story teller, Bobby Norfolk, told multicultural folk tales, and children competed in the book club challenge.

Fifteen schools from Cleveland, East Cleveland, and Vermilion gathered at the culminating event to celebrate reading. The children taking part in the challenge were asked various questions about the Book Club. One child was selected from each of the 15 schools to participate in the challenge.

The children were asked questions regarding the club's authors, illustrators, and the book club lingo they learned throughout the year.

Every year, the winner of the Read, Baby, Read! Book Club Challenge is awarded the "Andrew A. Venable Championship Trophy," named after the Cleveland Public Library's former director.

Treajhon Richmond was the winner of the Read, Baby, Read! Book Club Challenge. Ms. Wright is the principal at Carl and Louis Stokes and the Read, Baby, Read! "Reader Leaders" were Barbara Steel and Cindy Mori.

At the next end-of-the-year event, students will have the opportunity to win the trophy for their own school.

Deborah McHamm is president and CEO of A Cultural Exchange, and a first-time contributor to the Campus District Observer.



Eat Local. Eat Seasonal. Eat Healthy: Peak Season For Certain Foods

By Carrie Gonzales

Image courtesy North Union Farmers Market

When I first moved to Cleveland, I was amazed by the number of farmers markets that are available in the city and surrounding neighborhoods. As a self-proclaimed foodie and a health conscious consumer, a farmers market is a dietitian's dream for a one-stop shop for finding high quality, local and affordable produce.

Here are just a few foods that are at their peak in the fall: apples, cabbages, pumpkins, sweet potatoes and squash. Think baked-sweet potato fries, roasted squash, and pumpkin or cabbage soup. These are just a few examples of how simple homegrown foods can translate into hearty, healthful menu ideas without breaking the bank, and patronizing a local farmers market is a great way to help out the local economy, too.

To find a farmers market in the Campus District or near where you live or work, visit http://www.northernohiotourism.com/farmers_markets.htm

Carrie Gonzales earned a Bachelor's of Dietetics Degree at Michigan State University. She then went on to complete her dietetic internship at C.W. Post Campus of Long Island University in Brookville, N.Y. Gonzales is a member of the Academy of Nutrition and Dietetics, as well as the Pediatric Nutrition Group and Sports, Cardiovascular and Wellness Nutrition Dietetic Practice Group. She moved to Cleveland two years ago with an ongoing mission to help personal clients and the community receive appropriate nutrition advice and help others to reach their personal health and wellness goals.

CSU CO-SPONSERS MIDTOWN CLASSIC RACE

Continued from Page 4

great asset to homecoming.”

For more information about the race, contact Hermes Sports & Events at 216-623-9933, or visit www.midtowncleveland.org.

Kristin Mott is a journalism & promotional communication major at Cleveland State University, and is also editor-in-chief of The Cauldron, a student-run newspaper at CSU.

Music in the Autumn Air: New Season of Noon BrownBag Concerts Kicks Off

By Todd Wilson



(left) Elizabeth DeMio will perform at several BrownBag Concerts this fall. (center) Andrew Sords performs at both the Oct. 10 and Oct. 17 BrownBag Concerts. (right) Lucineh Hovanissian, Trinity's Creative Fusion artist, will perform at the Nov. 14 Brown-Bag Concert. All photos courtesy Trinity Cathedral.

Celebrating 36 years of bringing music and culture to the Campus District.

Music and Art at Trinity Cathedral's series of Wednesday noon BrownBag Concerts begin its 36th consecutive season this month. These varied events are one of the cultural gems of our neighborhood – and they're a bargain as well! There is no admission fee - a freewill offering is taken at each concert.

There is great scope and variety in these weekly programs, with something for every musical taste. As usual, a delicious hot lunch is available for just \$5, or you are welcome to bring your own and enjoy this wonderful Campus District tradition. Join us as often as possible for these programs that constitute Cleveland's longest-running free concert series.

Concerts range from jazz to classical chamber music, big band, pipe organ with brass, and much more. Concerts begin at 12:10 p.m. each Wednesday, and end about 1 p.m. All programs take place in the beautiful Gothic nave of Trinity Cathedral.

We hope you'll invite friends and come feed your body and spirit with great music and food any Wednesday at noon. Trinity Cathedral is located at Euclid Avenue and E. 22nd Street. The full listing of BrownBag concerts for the fall season is as follows. For up-to-date information, visit www.trinitycleveland.org/music-and-art/brownbag-concerts/.

Oct. 3

Celebrity Organ Recital:
Daniel Hathaway, organist
Trinity's long-time former musician and founder of ClevelandClassical.com returns to play the mighty Flentrop!
Sponsor: In memory of Paul G. Lowe by Annette Lowe and Douglas Dolch

Oct. 10

BRAHMS-FEST I
Our three-concert Brahms-Fest presents some of the most wonderful chamber music ever written.
Sonata No. 1 in G for violin and piano
Sonata No. 3 in D minor for violin and piano
Andrew Sords, violin; Elizabeth DeMio, piano

Oct. 17

BRAHMS-FEST II
Sonata No. 2 in A for violin and piano
Trio in E-flat for French horn, violin and piano
Meghan Guegold, French horn; Andrew Sords, violin; Elizabeth DeMio, piano

Oct. 24

BRAHMS-FEST III
Hungarian Dances (piano four-hands)
Liebeslieder Waltzes, Op. 52
Singers from Trinity Cathedral Choir, Elizabeth DeMio and Todd Wilson, piano

Oct. 31

“Saints and Sinners”
Michael Parry (bass-baritone) and

Patrick Wickliffe (piano) bring to life a wide variety of good guys and bad guys from opera, oratorio and Broadway.

Nov. 7

Jackie Warren
Queen of Cleveland's jazz piano scene with organist Todd Wilson in Gershwin's Rhapsody in Blue.

Nov. 14

Lucineh Hovanissian
Trinity's Creative Fusion artist-in-residence shares her talents as composer, pianist and singer.
Sponsor: The Cleveland Foundation

Nov. 28

TOPS Big Band
Cleveland's premier Big Band plays tunes from the “Golden Years.”

Dec. 5

A Jazz Christmas
Trinity's own Gateway Jazz Band will swing you into the holiday season!

Dec. 12

A Ceremony of Carols
by Benjamin Britten
The sopranos and altos of the Trinity Cathedral Choir with harpist Jody Guinn present this holiday favorite.
Sponsor: Doug and Mary Ann Caston in honor of Carola Boehm Hunt, for her love and devotion to music and arts in Cleveland.

Dec. 19

Annual Messiah Sing
Trinity Chamber Orchestra, soloists, and YOU in the massed choir! Todd Wilson, conductor

Todd Wilson is director of music and worship at Trinity Cathedral. One of America's leading concert organists, he also continues as head of the organ department at the Cleveland Institute of Music.

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New Sculpture Installed at Tower Press Courtyard

Photo by Dan Morgan



There's a new addition to the private courtyard at the Tower Press Building - a massive sculpture created by internationally acclaimed artist and Tower Press resident Mario Kujawski.

Kujawski is an artist and educator born in Buenos Aires, Argentina, and educated in Germany and the United States. His long biography in Ohio includes teaching at Ohio State University, Dayton Art Institute, Wright State University, Kent State University, Beck Center for the Arts,

and most recently as an instructor at Cleveland Institute of Art from 2001-2004.

Kujawski has had a studio in the Tower Press Building, located in the Campus District at 1900 Superior Avenue, since the building was renovated over ten years ago.

Feeling that the courtyard was the best place for the sculpture, Kujawski had the piece moved from his private home in Beachwood. "The space behind Tower Press is right for it," Kujawski said.



USA Leather and Other Drawings: New Exhibit Coming to Bonfoey Gallery

By Dana Oldfather

George Mauersberger: USA Leather & Other Drawings. Image courtesy Bonfoey Gallery.

An exhibition of drawing by George Mauersberger: *USA Leather & Other Drawings*, will be presented at the Bonfoey Gallery, situated at 1710 Euclid Ave., for nearly three months.

These drawings and etchings will be displayed on the street-level gallery from Nov. 16 through Jan. 5, 2012. The public is invited to the opening reception with the artist, scheduled for Friday, Nov. 16, from 5 to 8 p.m. at the gallery.

George Mauersberger is known for his meticulously detailed pastel and charcoal drawings. The main focus of this exhibition is a series of charcoal, pen and ink, scratchboard, and etchings depicting hanging leather jackets through the differing black and white media. Mauersberger continues to work in series as a means of meditating on his subjects, believing that "drawing is thinking." The status of the leather jacket as an American cultural icon makes it a particularly interesting subject matter to Mauersberger. Heralding Brando, Elvis, Springsteen and the Ramones, Mauersberger uses traditional formal execution to contrast contemporary content.

Other pieces included in the exhibition will be several floral drawings from his "Wallflower" series, a small series of self

portraits and two watercolors returning to his vegetable imagery of the 1990s.

George Mauersberger is a foundations graduate of Pratt Institute in Brooklyn, N.Y. He has a Bachelor of Fine Arts in Drawing from Carnegie-Mellon University in Pittsburgh, Penn., and a Master of Fine Arts in Painting from Ohio University in Athens, Ohio. Currently, George is a professor of art at Cleveland State University. He has been awarded numerous prizes for drawing including the Creative Workforce Fellowship in 2011, Best in Show at the Rockford Art Museum in 2006, and an Individual Artist Fellowship from the Ohio Arts Council in 1999. Mauersberger boasts numerous exhibitions across the country in galleries and museums including exhibitions at The Butler Institute of American Art, McDonough Museum of Art in Youngstown, the Cooperstown Museum, and the South Bend Museum of Art.

For more information about *GEORGE MAUERSBERGER - USA LEATHER & OTHER DRAWINGS*, or upcoming exhibitions, please contact The Bonfoey Gallery, 216-621-0178, or visit the company website at www.bonfoey.com.

Dana Oldfather is one of the staff at Bonfoey Gallery.

"A Piece of Cleveland" Makes Its Mark in Lakewood Campus District Area Business Expands Its Reach

By Dan Morgan



(top) The Back Wall and Bar, Branded by APOC. (bottom-left) Oversize tables, seats at the bar, high tops and booths provide many seating options. (bottom-right) Eddie Cerino Jr. surveying the bar area.

A Piece Of Cleveland (APOC) is a champion of local sustainability. The upstart business has won awards from Entrepreneurs 4 Sustainability and has even recently been recognized by national publications like Details Magazine and EcoWatch Journal. From humble beginnings of selling picture frames, wooden blocks and cutting boards, the APOC brand today can be found working with major corporate offices and fine dining establishments. The latest feather in the APOC cap is Eddie 'N Eddie in Lakewood. Business owner Eddie Cerino opened the swanky upscale restaurant in the heart of Lakewood in August and has been welcoming in new customers ever since.

APOC, on the fringe of the Campus District in Downtown Cleveland, was approached by the Cerino family in an effort to furnish the restaurant with locally sourced, designed and manufactured furnishings of good quality. Even a few of the large walls were faced with materials reclaimed from blighted Cleveland sites. Every project that APOC works on includes a rebirth certificate, explaining the first life of the materials.

"The materials almost always include high quality hardwoods that are often dismissed by today's interior designers and architects due to the high cost," said Chris Kious, founder of APOC.

Eddie 'N Eddie is a departure for the

"The materials... are often dismissed by today's interior designers and architects due to the high cost."

—Chris Kious, Founder of APOC.

Cerino family - a real family affair. Eddie, Elisha and their two children, Eddie Jr. and Elise, have a very successful pizzeria in Seven Hills, Eddie's Pizzeria Cerino. The brightly-lit new restaurant joins a bounty of new restaurants in Lakewood. This restaurant is also special to Lakewood due to its historic location. Many Lakewood natives will recall the glory days of the old department stores, originally Baileys, followed by Neville's. The busy intersection has sprung to new life thanks to APOC and the Cerino family.

Dan Morgan is a photographer and owner of Straight Shooter Photography. Morgan's office and studio are in the Campus District's Tower Press Building on Superior. He is a regular contributor to the newspaper. Find out more about him at www.AboutDanMorgan.com.



St. Vincent Charity Medical Center, Project Learn To Host Health Literacy Conference

By Lauren Wilk

Ohio Health Literacy Conference scheduled for Oct. 26, at the Renaissance Cleveland Hotel. This daylong event is the culmination of the four-part Ohio Health Literacy Conference Series. Registration for conference is \$40 per person.

It is estimated that nearly half of American adults—90 million people—have only basic or below-basic health literacy skills, leading to difficulty understanding and acting on health information.

Persons with limited health literacy skills use more services, including hospitalization and emergency services and fewer preventive services. As a result, the cost of low health literacy to the United States economy is in the range of \$106 billion to \$236 billion annually.

St. Vincent Charity Medical Center and Project Learn are bringing together leaders in the field of health literacy to increase awareness, share resources, and build capacity for a statewide collaboration among health care providers for the **Ohio Health Literacy Conference, Oct. 26, at the Renaissance Cleveland Hotel**. This daylong event is the culmination of the four-part **Ohio Health Literacy Conference Series**. Registration for the conference is \$40 per person.

Health literacy is a patient's ability to understand and act on

health information. It is also a provider's ability to communicate so patient's can act on health information. It isn't about a person's ability to read or write; it's about understanding and the action that results from that understanding.

"The Ohio Health Literacy Conference will give us the opportunity to take the next step in increasing health literacy awareness and to begin collaborations with local, state and national experts," said Karen Komondor, RN, CCRN, chair of the St. Vincent Charity Medical Center Health Literacy Institute, and the Ohio Health Literacy Conference Committee, and Director of Education at St. Vincent Charity Medical Center.

Dr. Cynthia Baur, senior advisor for health literacy, at the Centers for Disease Control, and author of the national action plan for health literacy, will present a keynote address and discussion.

Dr. Christina L. Cordero, associate project director at The Joint Commission, will also be a featured speaker. Her work is focused on standards development

projects for the hospital and laboratory accreditation programs.

"We are hoping the Conference will appeal to a diverse audience," said Komondor. "The health literacy field cuts across many lines of work, such as public health, clinical care and education. This is a great opportunity for participants to hear national experts and learn best practices."

All health care providers, physicians, nurses, administrative staff, social workers, dietitians, health plan administrators, adult literacy professionals, public health professionals and health literacy professionals from hospitals, universities and other organizations throughout Ohio are encouraged to attend this important conference.

Complete conference and registration information is online at www.stvincentcharity.com/OHLC. Space is limited, so sign up early.

Lauren Wilk works in marketing and is a volunteer coordinator at St. Vincent Charity Medical Center, located at E. 22nd Street, and Community College Avenue in the Campus District.

Caring for the Caregiver:

VNA Hospice Hosts Breakfast Forum on 'Compassion Fatigue'

By Sally Moennich

Is there such a thing as caring too much? Sometimes that can happen, and it's called "compassion fatigue." VNA Hospice Clinical Administrator Jenny Strohm, RN, explains that, "Any work can cause someone to feel like they are 'burned out.' But, when your profession means you are taking care of seriously ill individuals every day, you must be careful to protect your own health."

The Visiting Nurse Association of Ohio (VNA) Hospice is hosting a free breakfast to encourage professional caregivers to maintain a healthy balance in their work and personal lives. **Compassion Fatigue: Caring for the Professional Caregiver** is Thursday, Nov. 1 from 7:30 a.m. until 10 a.m. at the VNA, 2500 East 22nd St., Cleveland.

"My colleagues from the VNA will discuss signs and symptoms, how it impacts the caregiver's life, and suggest ways to refresh ourselves," Strohm explains. "Plus, we are featuring displays that will acquaint everyone with different ways to manage their stress like massage, aroma therapy and other holistic programs."

The program offers a free continuing education contact hour for nurses, social workers, therapists and aides. Registration is required by calling Donnita Carmichael at 216-931-1422. Business owners who offer services and products that are meant to heal and promote wellness are welcomed to display their products and services. Please call Carmichael if interested.

VNA Hospice is a caregiving team that provides expert nursing and compassion to terminally ill patients and their families. Special services like bereavement and spiritual care, art therapy and massotherapy bring added comfort. We train and support wonderful volunteers, who confidently assist our professional staff, as well as family caregivers who welcome this trusted respite. Our memorial services, annual Light a Life ceremony and continuing education for other health professionals help everyone grieve, cope and learn about end-of-life care.

Sally Moennich is chief of clinical partnership at the Visiting Nurse Association of Ohio, and is a regular contributor to the Campus District Observer. More information is available at www.vnaohio.org.

Cedar Promise Learning Lab Graduates Six Classes, Awards Free Computers

By Joan Mazzolini

More than 30 Central Neighborhood residents came together on a recent morning at the new computer lab they had spent weeks taking computer classes. This time they came to pick up their new home desktop computers with Internet access they received as successful graduates.

The new computers were passed out to the residents after graduating from computer training classes at the Cedar Estates Promise Learning Lab.

The lab opened in late January and more than 100 people came to the open house to see the new 26-station computer lab, which is physically in the Cuyahoga Metropolitan Housing Authority's Cedar Estates.

Since the home computers were passed out, three more classes of adult students have graduated from the lab at 2617 Central Ave. Since it opened, hundreds of others adults and children from the neighborhood have used the lab during its daily hours for school work, job searches, and simply for fun.

The new lab came about through a collaboration between the Cleveland Central Promise

Neighborhood Initiative, led by the Sisters of Charity Foundation of Cleveland, and partners CMHA, *OneCommunity's* "Connect Your Way" and the Cleveland Housing Network.

The Cleveland Central Promise Initiative's goal is to assure that all children in Central are healthy, ready for kindergarten, go to good schools, graduate from high school, move on to college or other training, and then on to a career. The Sisters of Charity Foundation of Cleveland, which is collaborating with Central residents, youth, schools and teachers, as well as organizations providing services in Central, has applied for a U.S. Dept. of Education Promise grant of about \$26 million over five years. The expected announcement is late this year.

OneCommunity was a recipient of American Recovery and Reinvestment funding from the federal government, also known as stimulus funds. The Connect Your Way project provided training, equipment and support for low-income households and individuals.

"We are thrilled with the utilization of the lab by parents and

"We are thrilled with the utilization of the lab by parents and students, and the access to technology it is providing in Central,"

—Teleange' Thomas, Sisters of Charity Foundation of Cleveland program officer for health

students, and the access to technology it is providing in Central," said Teleange' Thomas, Sisters of Charity Foundation of Cleveland program officer for health, who worked to bring the lab to Central. "The Cedar Central Learning Lab is a great example of collaboration by stakeholders that are supporting the remarkable transformation taking place in Central.

For more information on classes, both entry-level and advanced, or open computer lab hours, call 216-348-5170.

Joan Mazzolini is communications director at the Sisters of Charity Foundation.



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'Stronger For It' - Blues Artist Shares Story of Foster Care, Homelessness to Support YWCA Programs

By Rachel Baker

Cover image courtesy Janiva Magness.

“Our fate doesn’t have to be our destiny. I’m living proof of that. And I’m so very grateful.”

These words of hard-won wisdom are from Janiva Magness, an award-winning blues artist and the keynote speaker at YWCA Greater Cleveland’s Circle of Women Breakfast, scheduled for Oct. 9. This breakfast supports YWCA programs providing a comprehensive system of care and housing for transition-age young adults; many of whom were formerly in foster care. For program participants, the challenges of emerging adulthood are compounded without the security and encouragement of a stable home.

Magness knows such obstacles firsthand.

After the death of both parents by age 16, she spent time living in various foster homes—12 different foster homes in two years—and on the streets. At age

17, she gave birth to a girl whom she gave up for adoption. The discovery of caring adults and a musical path guided Magness toward stability and success. Today, she is reconnected with her adult daughter, and is the recipient of four Blues Music Awards and 17 nominations.

As Magness’s story shows, young adults on the journey to independence face many challenges, and the obstacles can be even more severe for those who have been emancipated from the foster care system. The rate of post-traumatic stress disorder among former foster youth is nearly five times that of the general population. Nearly half of young women in foster care have been pregnant by age 19, compared to 20 percent for their peers not in foster care. And, within four years of exiting from foster care, 24 percent of young adults have been homeless.

YWCA Greater Cleveland pro-

vides support and encouragement to these vulnerable young adults, many of whom were formerly in foster care. In 2008, YWCA developed NIA – Nurturing Independence and Aspirations – a comprehensive system of care that supports transition-age youth into self-sufficiency. Under the guidance of a Life Coach, NIA participants receive support and training in areas of housing, health, education, employment, permanence and community engagement. In 2010, the YWCA opened Independence Place, a 23-unit, permanent supportive housing facility for homeless young adults.

Magness has experienced the life-changing effects of support and encouragement during her own difficult times, and, as the title of her newest album attests, she is “Stronger For It.” She says, “If what I have been through helps someone – then I want to share it with them. I have discovered that sharing

some of these pieces of my history can help someone else.”

YWCA Greater Cleveland is committed to addressing the unmet needs of transition-age youth through the services of NIA and Independence Place. To learn more about the breakfast and the programs of the YWCA Greater Cleveland, visit www.ywcaofcleveland.org.

Rachel Baker is marketing director of the YWCA Greater Cleveland, a unique and vital community resource in Northeast Ohio committed to eliminating racism and empowering women. Established in 1868, it is one of the oldest continuously operating nonprofit organizations in Cleveland. The YWCA provides transformative services in three focus areas: early childhood education, youth services, and leadership and inclusion initiatives. For more information call 216-881-6878 or visit www.ywcaofcleveland.org.

Youth Leadership Program Brings Local High Schoolers to NOLA, See President Obama

Continued from Page 3

health and wellness.

The SLA interns participated in a rigorous academic and leadership curriculum focusing on the importance of developing their talents and abilities as youth leaders and future leaders -- within a global community.

Two of the SLA interns, Sparkle Hill and Kenneth Burnett, received a special opportunity to culminate their summer experience. They served as ULGC Ambassadors at the National Urban League’s Youth Summit, which ran concurrently with the conference, which was held July 25-28 in New Orleans, La. The Cleveland interns were in good company with nearly 400

youth from across the country, accompanied by staff and chaperones.

The youth experienced a week full of activities, which included workshops on health and wellness, financial literacy and management, college and career tours, networking opportunities with national sponsors, and the opportunity to rub shoulders with National Urban League CEOs, Guild members, and YP members from across the country. The ULGC Ambassadors attended the Levy Rebuild project, where they had the unique opportunity to support youth from New Orleans to secure and protect their city. Students were transformed as they

heard first-hand the background story of how and why the levy broke from a park superintendent.

The icing on the cake was the opportunity to witness the appearance of President Barack Obama. Obama recognized the youth in attendance and made note of their accomplishments. He challenged the youth to earn their success by staying in school, studying and working to compete globally for education and careers. The week’s activities were concluded with a dance Saturday evening and a tour of the French Quarter on Sunday.

This is youth development at its

finest -- engaging curriculum, high expectations, exposure to caring adults and role models, exposure to national travel, engaging with other like-minded positive youth, exposure to the best of the Urban League Movement at its national conference, and seeing the President of the United States all in one summer.

To learn more about opportunities for high school youth, contact Danyll Lockhart at the Urban League of Greater Cleveland at 216-622-0999.

Danyll Jones-Lockhart is the associate director of education & youth development at the Urban League of Greater Cleveland.

ywca early learning center

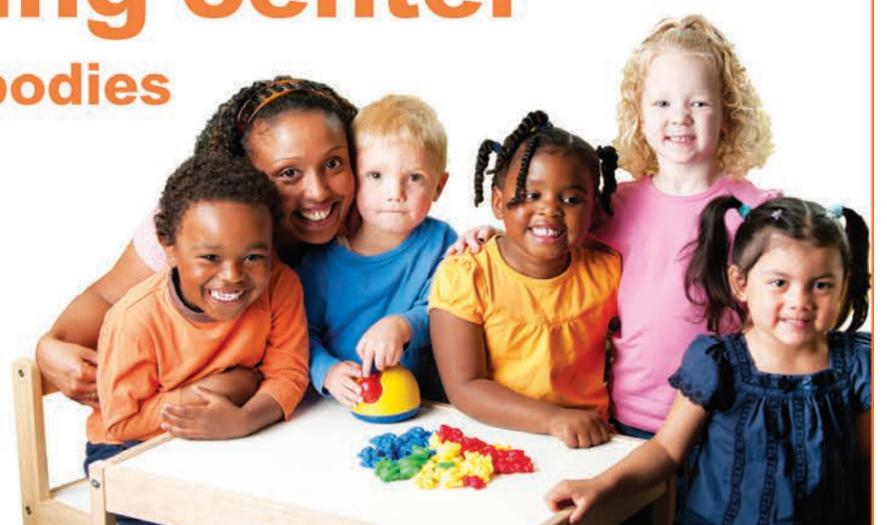
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Rooftop Garden Atop CSU Rec Center Creates Urban Oasis

By Ann Bell



(left) The rooftop garden atop the Cleveland State University Recreation Center. (right) CSU Students take advantage and do yoga atop the rooftop garden. Photos provided by CSU.

There are some lovely lawns and gardens on the Cleveland State University campus, but as an urban school the CSU campus is largely made up of buildings with rooftops, and parking lots. CSU's concrete footprint is one of the largest in the city. It would seem that with an awareness of environment so prevalent, plans for the newest campus buildings should support more green space.

Interestingly, the design for the CSU Recreation Center called for a rooftop garden. A green roof was intended and the third floor of the Center was built from the ground up ready for a garden to be installed. Three years after the opening of the building, the roof remained bare.

In 2007, CSU environmental science students, LeeAnn Westfall and Erin Huber heard of the intended rooftop garden on the Rec Center, which had been canceled for lack of funds. These young women took on the project, researched it, promoted it, raised the funds and got it done. The garden was installed in 2009, a gift to CSU from the classes of 2009 and 2010. A story of their amazing project can be found at <http://www.csuohio.edu/offices/shs/rooftop/>

The garden can be viewed from the walkway connecting the parking structure to the Rec Center. Along that walkway are attractive information signs that explain environmental benefits of a rooftop garden. A green roof is much cooler than traditional black asphalt roofs. The green roof plantings provide insulation, and will slow and filter water to improve water quality. They provide habitat for birds, insects and butterflies, and improve air quality.

Here is a Q&A interview with Erin Huber:

Are there students at CSU now, who share your passion for the rooftop garden and working to take it forward?

I am unaware of everything going on at CSU, but I know the Student Environmental Movement that Ms. Westfall and I started has been active in trying to have more installed on campus. The roof will always be in need of weeding every few weeks and some care; we always hoped the Environmental Science

Department students would own this garden moving forward.

I saw the garden this morning, and was impressed. It felt cool and inviting. I tried the door and found it locked. When can the garden be used?

This is a question for the recreational center staff. The building is rented by a different organization and they hold the key. The roof can be used for events and can be visited, you just need to request through the Rec Dept. My personal initial dream was to have it open, especially in mornings through lunch for people to enjoy coffee, do homework and get fresh air; it was a struggle that we tried to sort out with the Rec Center. Some of the issues have to do with safety.

Understanding that the main purpose of the garden is educational and environmental, I read that you also envisioned the garden as an outdoor lounge. Would umbrellas add color and height and provide shade for conversation and study during summer?

I would love to see the garden become more accessible and utilized; that's why it is there. It is important for people to feel it and understand green building investments can provide more than just energy savings and LEED credits. It can improve the quality of life, specifically campus life at CSU.

The sedum is lovely and peaceful in variegated shades of pink and green. I like the textures of the brick pavers and stone. Are there plans to add more plants?

There are no plans for more plants that I know of. The sedum we chose bloom at different times of the season adding a variety of color throughout the year. The pavers are permeable and serve as filtration, just as the plants do; so really, there is 7,000 square feet of surface where rain water gets filtered, slowed down, and provides cleaner water to our local water supply, Lake Erie.

Are the plants set in individual plastic containers? Will there be a need for additional soil and nutrients over time?

The manufactured soil breaks down very slowly, and should not have erosion issues; but with anything that gets

weathered, it will need to be touched up from time to time. As for the plants, we choose the locking tray system so if some got diseased they could easily be replaced.

Can a rooftop garden be put on an older building?

Yes, but an engineer has to determine the weight it can handle and if improvements need to be made prior to the install.

The garden was an expensive project. I wonder how the cost of a rooftop garden on a new building compares with setting aside additional park space at ground level. Would the two be equally green?

That is a difficult question. As far as filtration of storm water, a reduced urban-heat island effect, improved air quality, habitat, and aesthetics, I see them as equally green in the general sense. Different materials (asphalt, cement etc.) reflect sunlight differently, so it depends of what you are replacing. Placing a rooftop garden on a building has some additional environmental, social and economic benefits perhaps. These benefits include (but are not limited to) reduced building energy costs, lengthening the life of the roof by decades, and providing a unique green space to improve the quality of life for humans and other animals using the space.

"I would love to see the garden become more accessible & utilized; that's why it is there."

—Erin Huber,
CSU Alumni

What has been learned about rooftop gardens since this one was installed?

That is a very large question that would involve a lot of research from around the world. Rooftop gardens are used very frequently, especially in other countries, and honestly, have been used for thousands of years. I suggest this as a good graduate research topic.

Ann Bell is a member of the Campus District Observer Community Advisory Committee, and is a regular contributor to the newspaper. Her and her husband, both CSU retirees, live downtown in the Warehouse District.

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Campus District Dates October 2012

"Campus District Dates" is the community event calendar for the Campus District. Event listings are selected from the calendar of events that can be found on the newspaper's home page at: <http://campusdistrictobserver.com>. To post an upcoming event, contact us at 216-344-9200 or go online to the website, scroll down to the bottom right of the homepage, and click on the "submit event" button.

Episcopal Service Corp Seeks Community Service Opportunities Fridays from 12:30 p.m. to 5:30 p.m.

The Trinity Cathedral Episcopal Service Corps is a year-long experiential urban-immersion internship program for eight young adults serving in nonprofit settings in Cleveland. As part of the program, interns are available on Fridays from 12:30 to 5:30 p.m. to assist with projects where they can help people in the community. Nonprofit organizations who could use their help can contact Trinity Cathedral for more information. The interns begin working the first week of September and are available through July 2013. Their calendar is filling up, so please contact the Rev. Sahra Harding with project ideas and dates so they can help your organization this fall. Harding can be reached at sharding@dohio.org or 216-774-0409.

Sunday Evenings • Eventide Service Trinity Cathedral

2230 Euclid Avenue • Starts at 5 p.m.

Trinity Cathedral offers a 5:00 p.m. evening service each Sunday, beginning in October. The first Sunday of each month the service is in "Solemn Sung" form, a traditional Eucharistic service performed as it was hundreds of years ago. All other Sundays offer Eventide, a combination of prayer, chant, scripture, followed by finger foods and fellowship. If you can't get to a service Sunday mornings, consider joining us in the evening for some spiritual refreshment. For more information, contact the Rev. Sahra Harding at sharding@dohio.org or 216-774-0409.

ArtSpace Cleveland's 9th Annual Trolley Tour Saturday, October 6, 2012

Enjoy a guided tour of studios, galleries, and living spaces of local artists, with comfortable seating and viewing on Lolly the Trolley. Tour post-industrial buildings in Cleveland's Arts District. Meet the artists in their studios and discover hidden urban gardens. For information/reservations contact Harriet Gould at gouldloft@sbcglobal.net.

'Paper Moon: The Songs of Yip Harburg' Main Stage Theatre at Cuyahoga Community College's Metro Campus

2900 Community College Ave.

Sunday, October 7 • 3:00 p.m.

Three of Cleveland's top vocalists – Barbara Knight, Vince Mastro and Evelyn Wright – will join forces with Bill Rudman, Joe Hunter and his jazz trio to celebrate the songs of Yip Harburg on Sunday, Oct. 7, at 3 p.m. The multi-media concert, part of The Musical Theatre Project's "The Song Is You!" series, is titled "Paper Moon" and will be held at The Main Stage Theatre on the Metropolitan Campus of Cuyahoga Community College.

2012 MidTown Cleveland HealthLine Classic 10K/5K Run Agora Complex 5000 Euclid Avenue

Saturday, October 13 • Registration - 7:00 a.m.;

10K/5K Starts - 8:30 a.m.

This year's MidTown Cleveland HealthLine Classic 10K/5K Race is Saturday, October 13, 2012. MidTown Cleveland has partnered with Cleveland State University's Rec Center, and the race is a featured event of CSU's Homecoming Weekend. The race will begin and end at the famous Agora Theater, 5000 Euclid Avenue. Don't miss your chance to see the transformation that has taken place in MidTown and at CSU's campus. For more information, contact Diane Dunleavy at ddunleavy@midtowncleveland.org or 216-391-5080 x 101.

Pizzazz 2012 • Cleveland Public Hall Saturday, October 13

6:30 p.m. – Cocktails • 7:30 p.m. – Dinner

Save the date and reserve your tickets for "Pizzazz 2012," the St. Vincent Charity Medical Center Gala at Cleveland Public Hall, Saturday, October 13, 2012. The event includes cocktails at 6:30 p.m. and dinner at 7:30 p.m., followed by music and dancing. This black-tie evening of celebration supports St. Vincent Charity Medical Center's ongoing commitment to provide clinically excellent and compassionate care to all. The chair of Pizzazz 2012 is Christopher M. Connor, chair-

man and CEO of the Sherwin-Williams Company. The honorary chair of the event is the Honorable Frank G. Jackson, Mayor of the City of Cleveland. The 2012 recipients of the St Vincent De Paul Award will be Jack and Mary Jane Breen and PNC Regional President, Paul Clark. For more information, contact Christine Porter, development associate for the St. Vincent Charity Development Foundation, at Christine.Porter@stvincentcharity.com or 216.694.4685.

Film Production Assistant Training Seminar Tri-C Metro Campus

2900 Community College Avenue

Saturday, October 13 and Sunday October 14

10 a.m. to 5 p.m.

Back by popular demand! The Greater Cleveland Film Commission will once again present the comprehensive "PRODUCTION ASSISTANT TRAINING SEMINAR" to help those who want to become a Production Assistant on a film, television or commercial set! Learn the day-to-day requirements of working as a Production Assistant (PA) on the set. Program topics include Walkie Talkie Etiquette, Script Breakdown, Production Paperwork, Background Performers, Resume and Interview Skills, Job Search Techniques and Film Set Safety. Upon completion of the Production Assistant Training Seminar, you will be entered into the P.A.T.S. national database, a resource for Hollywood and local based production companies and local film professionals for crew staffing. To register or for more information, contact the Greater Cleveland Film Commission at 216-623-3910 or www.clevelandfilm.com.

Cantores Cleveland Presents "Where the Action Is" Trinity Cathedral

2230 Euclid

Saturday, October 13 • 7:30 p.m. to 9:15 p.m.

Cantores Cleveland introduces a Venetian talent scout, circa 1575, who is on the look out for the next Renaissance music "superstar." Stories, gossip and mysteries abound in this musical tale about "Where the Action Is." The evening will offer an art exhibit and lecture "Arts Patronage in Renaissance Italy" prior to the performance. Patron ticket holders will receive reserved seating and a post-performance reception featuring Renaissance era foods and drink. For more information, visit www.cantorescleveland.org.



14th Annual Ruth Ratner Miller Awards Luncheon Sammy's Metropolitan Restaurant

925 Euclid Avenue

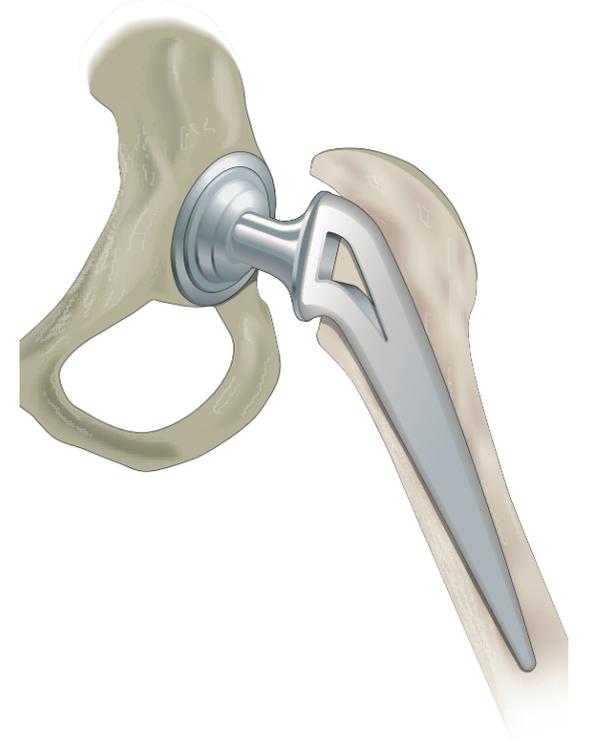
October 31, 2012 • 11:30 a.m. to 1:30 p.m.

The 2012 Ruth Ratner Miller Luncheon will take place on Wednesday, October 31st at 11:30am at Sammy's Metropolitan Restaurant in the Huntington Building. Huntington Bank will be the presenting sponsor for the 2012 Ruth Ratner Miller Award Luncheon. The Ruth Ratner Miller Award is presented to a single member of the downtown community for career achievement in the advancement and enhancement of downtown Cleveland. This year's award will honor Terry Stewart, director of the Rock and Roll Hall of Fame. The award is named for Ruth Ratner Miller, who was a civic leader and life-long advocate of Cleveland and its people.

Know a teen interested in science? - Students of color in tenth through twelfth grades who are interested in medicine, dentistry or medical science can apply for a 2013 Charles R. Drew Academy internship. The 12-week paid internship, sponsored by the Cleveland Clinic, in partnership with the Health Legacy Project, is held on Saturdays. Students must have GPAs from 3.5 to 4.0 to apply. The deadline is Oct. 12, but the process can be lengthy. To find out more information or to apply go to: <http://www.clevelandclinic.org/civiceducation/> then click on internships. (The link includes information on other internships as well.)

Parker Hannifin Pledges \$1.5M to CSU

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Dr. van den Bogert is the president of the International Society of Biomechanics.

His career started at the University of Utrecht in the Netherlands with groundbreaking work on the movement of horses. He went on to become a faculty member at the University of Calgary in Canada, where he specialized in the mechanics of sports performance and sports injuries in humans.

Dr. van den Bogert continued his work on sports injuries and orthopedics at the Lerner Research Institute of the Cleveland Clinic. He founded Orchard Kinetics, LLC, a company dedicated to research and innovation in biomechanics.

"The Parker Hannifin Endowed Chair makes it possible to implement a long-term plan that will make Cleveland State a world leader in the development of technology for sports and rehabilitation," said van den Bogert. "I am especially looking forward to having a partner in Parker Hannifin that can bring this research into the marketplace and to the people who need it most."

Joe Mosbrook is director, strategic communications at Cleveland State University.

Take a Book, Leave a Book

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Ave. The other library has been placed on the west side at West 25th Street & Clark Avenue where Esperanza and Seeds of Literacy are located.

The community can also donate a book to the Little Free Libraries from Sept. 15 through Oct. 31 at the following donation locations:

- Carnegie West Branch, Cleveland Public Library, 1900 Fulton Rd., Cleveland, OH 44113
- Martin Luther King, Jr. Branch, Cleveland Public Library, 1962 Stokes Blvd., Cleveland, OH 44106
- Literature Department and Ohio Center for the Book, Cleveland Public Library Main Library • Second Floor, 325 Superior Avenue, Cleveland, OH 44114
- Gypsy Beans & Baking Company 6425 Detroit Ave., Cleveland, OH 44102
- University Circle Inc. Visitor Center, 11330 Euclid Ave., Cleveland, OH 44106 (at Euclid Avenue and Mayfield Road)

Amy Dawson is a staffer at the Cleveland Public Library. For more information about Cleveland Public Library, please visit cpl.org. Octavofest has something for every book lover and enthusiast. For information on exhibits, programs, and workshops please visit Octavofest.org.